IN THE CLAIMS

Please amend the claims as follows:

- (Currently Amended) Method for providing a heat treated filled and closed can, comprising the consecutive steps of:
 - [[-]] filling a metal cup,
 - [[-]] closing the metal cup with a lid making a gas tight heat treatable can,
- [[-]] heat treating the can, wherein measures are taken to achieve an under-pressure in the can after closing the cup, wherein the can is of a flexible type,

wherein the can has a flexibility of at least about 25 mL/bar, measured as the gradient $\Delta V/\Delta P$ of the flexibility line in the interval between $\Delta V=$ 10 mL and $\Delta V=$ 10 mL.

- (Previously Presented) Method according to claim 1, wherein the can is closed with a lid of the easy pull off seal on type adhered by a sealant to the metal cup.
 - (Cancelled)
- (Currently Amended) Method according to claim 1, wherein the can has a
 flexibility of more than or equal to 35 <u>mL/bar, measured as the gradient ΔV/ΔP of the flexibility</u>
 line in the interval between ΔV=-10 mL and ΔV= 10 mL.
- (Previously Presented) Method according to claim 1, wherein the can is of a flexible type capable of surviving a volume reduction of more than 7.5% without collapsing.
- (Currently Amended) Method according to claim 1, wherein the cup comprises
 [[an]] a substantially flat wall panel.

- (Currently Amended) Method for providing a heat treated filled and closed can, comprising the consecutive steps of:
 - [[-]] filling a metal cup,
 - [[-]] closing the metal cup with a lid making a gas tight heat treatable can,
 - [[-]] heat treating the can,

wherein measures are taken to achieve an under-pressure in the can after closing the cup, wherein the can is of a rigid type and the can comprises a <u>flexible</u> lid of the easy pull off type adhered to the metal cup.

- (Previously Presented) Method according to claim 1, wherein the can is of a flexible type capable of surviving a volume reduction of more than 10% without collapsing.
- (Previously Presented) Method according to claim 1, wherein the can is of a flexible type capable of surviving a volume reduction of more than 15% without collapsing.
- (Currently Amended) Method according to claim 1, wherein the measures comprise at least one step belonging to the group of steps consisting of:
 - [[-]] using a partly frozen filling;
- [[-]] having the filling include constituents that interact after closing so as to lower the specific volume of the filling in the can;
 - [[-]] adding steam to the cup after filling and before closing;
 - [[-]] closing the cup under sub-atmospheric pressure; and
 - [[-]] partly evacuating the can after closing.
- (Currently Amended) Method according to claim 7, wherein the measures comprise at least one step belonging to the group of steps consisting of:
 - [[-]] using a partly frozen filling;
- [[-]] having the filling include constituents that interact after closing so as to lower the specific volume of the filling in the can;

- [[-]] adding steam to the cup after filling and before closing;
- [[-]] closing the cup under sub-atmospheric pressure; and
- [[-]] partly evacuating the can after closing.
- 12. (New) Method according to claim 1, wherein the measures comprise at least one step belonging to the group of steps consisting of:

having the filling include constituents that interact after closing to lower the specific volume of the filling in the can;

adding steam to the cup after filling and before closing; closing the cup under sub-atmospheric pressure; and partly evacuating the can after closing.

13. (New) Method according to claim 7, wherein the measures comprise at least one step belonging to the group of steps consisting of:

having the filling include constituents that interact after closing to lower the specific volume of the filling in the can;

adding steam to the cup after filling and before closing; closing the cup under sub-atmospheric pressure; and partly evacuating the can after closing.

14. (New) Method according to claim 1, wherein the measures comprise at least one step belonging to the group of steps consisting of:

having the filling include constituents that interact after closing to lower the specific volume of the filling in the can; and

adding steam to the cup after filling and before closing.

15. (New) Method according to claim 7, wherein the measures comprise at least one step belonging to the group of steps consisting of:

having the filling include constituents that interact after closing to lower the specific volume of the filling in the can; and

adding steam to the cup after filling and before closing.

16. (New) Method according to claim 1, wherein the measures comprise at least one step belonging to the group of steps consisting of:

closing the cup under sub-atmospheric pressure; and partly evacuating the can after closing.

17. (New) Method according to claim 7, wherein the measures comprise at least one step belonging to the group of steps consisting of:

closing the cup under sub-atmospheric pressure; and partly evacuating the can after closing.